

Competition
Instructions



Bulletin 2

WRE - Orienteering Competition

World Ranking Event Finnish Championships

Long Distance Race

Jyväskylä, Finland, September 6th-7th 2014



Muuratsalo Elementary School, the Competition Centre



Suunta Jyväskylä



INTERNATIONAL ORIENTEERING FEDERATION



Suomen
Suunnistusliitto



COMPETITION INSTRUCTIONS

Rules

The rules of the International Orienteering Federation (IOF), the Finnish Orienteering Federation (FOF), special rules of Finnish Championships, special rules of World Ranking Event (WRE) and instructions given by the organizers will be applied to the competition. The race is a world ranking event (WRE) in the classes H21 and D21.

Main officials:

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Jury

Chairman	Jonne Lakanen, Vaajakosken Terä
member	Sari Anttonen, Keuruun Kisailijat
member	Tero Föhr, Vehkalahden Veikot

Competition Instructions

**Muuratsalo
and
the Parking
and the
Competition
Center**



Traffic Info

The driving guidance starts from Muurame, on the crossroad of Jyväskylä - Tampere road (VT9) and Muurame - Säynätsalo road (road number 6090). Guideposts will be placed on Saturday, September 6th at 7 am onwards.

Public Transportation

Public buses will go straight from Jyväskylä to Muuratsalo. More information: <http://www.jyvaskylanliikenne.fi/etusivu/24-etusivu/923-briefly-in-english>

Parking and parking fees

Cars will be parked in the parking lots in Lehtisaari, close to the local school. The distance from the beginning of the gui-

ding to the parking lot is approximately 7,5 kilometers. The address for a navigator is Koulutie 12, 40900 Jyväskylä. The parking fee for a passenger car is 5 €/weekend which is to be paid in cash when entering. The walking distance from the parking lot to the Competition Centre is 1,6-1,9 kilometers. It is not allowed to overnight at the Competition Centre or at the parking lots.

VIP and media parking is nearby the Competition Centre as well as the team bus unloading. The loading of the team buses is possible only nearby Lehtisaari parking lot at Koulutie.

The competition terrain

The terrain is diverse: it is forested and mountainlike, where visibility and runability varies a lot. There are many rugged hill areas and rocky hillsides in Muuratsalo. Between the hills there are a few forest roads and paths. The difference in height is maximum 110 m. There are no field areas. The competition area is embargoed and can be found on the map register of the Finnish Orienteering Federation.

Map

The map scale is 1:15 000 with 5 meters contour interval. The map was drawn by Timo Sivill and it was offset-printed in August 2014. All the maps will be in plastic map cases. The size of the map is A4 on the qualification and A3 on the final. On Saturday's qualification race when arriving to the goal, the competitor must place the map on a bag named after her/his team name. This will be done also on Sunday until quarantine zone is closed.

Control descriptions

Control descriptions are printed on the map. Loose description sheets are available 4 minutes before the start at the starting lanes. There is not any attachment equipment for the control descriptions available at pre-start.

Chest numbers

The Chest numbers (bibs) will be given out at the pre-start. The bibs are placed on the folders arranged by the compe-

tition classes. The competitor must take her/his own number from the right folder. There will be safety pins available for the attachment. The competitors use the same bibs on Sunday's B-final.

For the A-final the new bibs will be given out at the pre-start from the above mentioned folders. The competitor who does not participate on the qualification but wants to participate on B-final, will receive the bib at the quarantine zone.

The competitor must wear her/his bib all the time during their performance. The bib must be placed on the chest. The bib must not be folded. On Sunday the bibs will be collected after arriving the goal.

GPS tracking system

GPS tracking system is used in the classes H21 and D21 on the A-finals. The competitor should put on the GPS-tracker at the pre-start. The GPS-tracker will be placed on a vest by the organizers. The GPS-tracker will be removed right after arriving to the finish. The GPS tracking broadcast and follow-up will be available on the screens at Competition Centre for the followers.

Start lists

In the classes H21 and D21 the start lists of the qualification races are formed by using the IOF world ranking scheme (Orienteering World Ranking List) with an additional 200 points. If the competitor has not earned any world ranking points, the Finnish Orienteering Federation's online ranking points from the date August 28th are used. In other classes the start lists are formed by using the Finnish Orienteering Federation's online ranking points as the date of August 28th.

The competitor without any ranking points will be placed in the beginning of the start list.

The start times will be published at latest on September 3rd on the organizer's web page, www.suuntajyvaskyla.fi/kilpailut/smpitka2014. The start time list will be available also at the Competition Centre and at the quarantine zone.

The start lists of the finals are formed according to the quali-

fication race, and will be available at the Competition Centre and on the web page right after the draw.

Quarantine zone:

The same start will be used for all classes in one day. In the qualification race and in the A-final the quarantine zone will be in use. There is guiding to the start/quarantine zone from the guidepost, and it is not allowed to divert the route on the way. There will be a restroom and a water tap at the quarantine zone. Only those competitors who have crossed the quarantine zone on a given time are allowed to participate to the competition. It is not allowed to exit the quarantine zone. Mobile phones and other electronic devices are forbidden. It is not allowed to come to the quarantine zone after its closed. There will be back-up cards for Emit, the chest numbers, some pencils and a water tap available at the quarantine zone. The competitor must write her/his chest number onto the emit back-up card. Transportation for the warm-up equipment to the Competition Centre is available every half an hour.

*Paljaspää
hill on
Muuratsalo*



On Saturday the 6th of September the first start is at 11:00 a.m. The distance from the Competition Centre to the start is 1,8 km. The quarantine zone will be closed at 11:30 a.m., and it is 0,5 km from the CC.

The B-finals will start on Sunday at 9:00 a.m., and the distance from the Competition Centre to the start is 2,5 km. There is no quarantine zone in B-final, only a pre-start, and it is located 0,5 km before the start (2,0 km from the CC). The first starting time of the A-final is at 11:00 a.m. The same start will be used than in B-finals. The latest check-in time to enter the quarantine zone is 11:30 a.m.

The functions at the pre-start and on starting lines

- 5 min. The competitors are called by name to the start boxes. On the A-final, the GPS-trackers are set up.
- 4 min. The unattached control descriptions are available. No attachment equipment for the control descriptions.
- 3 min. The electronic punching system Emit will be cleared.
- 2 min. The model maps, 2 pieces.
- 1 min. The competitor waits the last minute next to the map bucket.

It is allowed to take the map only at the moment of the start. It is competitor's own responsibility to take the correct map.

Warm up

On Sunday there is a possibility for warm up -orienteering on the quarantine zone. The route is 1,0 km with four control points. The map is laser-printed and is not exactly the same quality than the offset printed map used in the competition.

Restricted and dangerous areas

The restricted areas and one dangerous cliff are bordered on the map with a line, and marked in the competition terrain. These are not allowed to cross.

Classes, lengths, rise and controls

Qualification races

H21 K1	6,8	320	12
H21 K2	6,7	320	12
H21 K3	6,8	325	12
H21 K4	6,7	315	12
H21 K5	6,7	315	12
D21 K1	4,5	205	7
D21 K2	4,6	200	7
D21 K3	4,5	200	7
H20 K1	5,4	225	10
H20 K2	5,4	225	9
D20 K1	3,9	135	7
D20 K2	3,8	145	7
H18 K1	4,7	205	9
H18 K2	4,5	200	8
D18 K1	3,7	105	7
D18 K2	3,6	100	7
H17 K1	4,2	140	9
H17 K2	4,1	135	9
D17 K1	3,3	105	6
D17 K2	3,2	110	6
H16 K1	3,3	150	7
H16 K2	3,4	145	7
D16 K1	2,9	105	7
D16 K2	2,9	105	7
H15 K1	3,2	130	8
H15 K2	3,2	125	8
D15 K1	2,7	95	6
D15 K2	2,7	95	6

A-Finals

H21	12,8	480	19
H20	9,0	305	13
H20	9,0	305	13
H18	8,0	245	12
H17	6,7	245	11
H16	6,3	220	10
H15	5,0	135	10
D21	8,6	295	13
D20	6,1	195	10
D18	5,6	190	11
D17	5,3	180	9
D16	4,7	145	8
D15	4,3	130	7

B-Finals

H21 B1	9,0	315	15
H21 B2	8,5	250	14
H21 B3	8,2	260	12
H21 B4	8,0	275	14
H20 B	7,1	250	11
H18 B	6,0	220	8
H16 B	4,6	155	9
D21 B1	4,9	150	9
D21 B2	4,8	130	9
D20 B	4,6	155	7
D18 B	4,2	130	7
D16 B	3,9	120	7

The punching system

The electronic punching system (Emit) is used in the competition.

The model control point and checking of the Emit-card

The model control point and a punching device for checking

the Emit-card are located next to the guidepost. It is competitor's own responsibility to check the functionality and number of the Emit-card.

The organizer does not check the numbers of Emit-card at the start, but the functionality will be checked. It is not allowed to participate on the competition without a working Emit-card. If the competitor uses another Emit-card than the one listed by the organizers, the competitor will be disqualified (the event rule 11.518). All the changes to the numbers of Emit-cards must be done at the information desk. It is not possible to change the Emit-card's number at the start. The rental Emit-cards can be picked up at the information desk, 5 €/card, to be paid in cash. The card must be returned to the information desk, and the payment for unreturned card is 70 euros.

Spikes

Spike shoes are not allowed.

Refreshments

In the final refreshment points are marked on the map. Water available. On Saturday refreshment points are not available.

Split time

On-line split times are available for the classes H21 and D21 and some other classes. They will be seen on the webpages of the competition.

The finishing line and retiring

The finish punching is mandatory at the finishing line. After this, the competitor moves forward to the Emit check. The finish of the qualification races will be closed on Saturday at 16:00 and of the finals on Sunday at 16:00.

The competitor who retires from the competition must report in the finish. Also, in the possible case of injury the competitor must inform the officials at the finish.

In the B-final the maps will be collected from the competitors as long as the quarantine zone of the A-finals is closed.

Disqualification on the competition

The possible unclarities related to the punching and control registration are cleared out at the "Itkumuuri" in the finish area.

The dressing room, showers and toilets

The showers and dressing rooms are located at the health club of Lehtisaari (men) and at the local school of Lehtisaari (women). The distance from the Competition Centre is approximately 1,6 km. There are toilets at the Competition Centre. The school building in the Competition Centre and it's restroom area is reserved for the doping tests, and for the organizer's use.

The first aid

The first aid station is located in the Competition Centre, close to the restaurant in the school building. In the competition terrain there will be a first aid point. The first aid point in the terrain is marked on the competition maps.

Results

Results can be found on the screens at the Competition Centre, and on organizer's web page, www.suuntajyvaskyla.fi/kilpailut/smpitka2014/tulospalvelu.

The prices

In the A-final the medals and honours are given out for the best three, plaques from 4th to 10th. The awards are distributed according to the instructions given by the announcing and the order is D15, H15, D16, H16, D17, H17, D18, H18, D20, H20, D21, H21.

Open courses

There will be open courses close to the Competition Centre on Saturday at 10 - 12 and on Sunday at 9 - 11.

The club tents

The area for the club tents is limited. The area is marked in the Competition Centre.

For children

Children's World is situated in the kindergarden of Muuratsalo, in the Competition Centre. Minimum age is 2 years. Free of charge.

Restaurant and café

There is a restaurant in the Competition Centre, also vegetarian and gluten-free lunch option available. There is also a kiosk, where for example coffee, cold beverages and snacks are sold. Also grilled sausages are sold. NB! Payments only in cash, paid in advance in Info.

INFO - The information desk

The information is open on Saturday and Sunday at 8:00 - 16:00. The rental Emit-cards can be picked up from the information desk, the price is 5 €. NB! Payments in the Competition Centre only in cash.

Lost and found

It is possible to ask for your lost items during the competition at the information desk, and after that from the PR officer (+358 50 329 6167).

Contacts

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Media and PR: Tapani Huovila, tapani.huovila@gmail.com, +358 50 329 6167

The competition instructions

The final instructions will be on display on the Competition Centre.

GOOD LUCK WITH THE COMPETITION!

SUUNTA JYVÄSKYLÄ